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To: Captain C. Darling, Bend Police Department
From: Prof. Kathleen McCabe, Criminal Justice Director
Re: Justice and Mental Health Collaboration Program; 2013-MO-BX-0022

Project Description: Grant funds can be used to support the expansion of law enforcement response programs; mental health courts; pretrial services; and diversion /alternative prosecution and sentencing programs; treatment accountability services; specialized training for justice and treatment services professionals; corrections/community corrections; transitional and reentry services to create or expand mental illnesses or co-occurring mental health and substance abuse disorders support services; and non treatment recovery support services coordination and delivery including housing placement, job training, education, primary and mental health care and family supportive services.

Project Goal: Expand the current Deschutes County Crisis Intervention Team's ability to increase the public safety by promoting positive interactions between individuals with mental illness or co-occurring mental health and substance abuse disorders and law enforcement officers through training; facilitating communication, collaboration and data sharing among community partners; maximizing diversion opportunities to multisystem-involved individuals; and maintain an on-going working involvement with community advocates seeking educational opportunities to the destructive and harmful effects of mental illness stigma.

Project Objectives:

1. Design a job description and implement the new position of CIT Coordinator to establish an improved, standardized protocol for managing people with mental illness in the criminal justice system.
2. Design and implement an efficient system for gathering, maintaining, analyzing and disseminating appropriate records for each agency.
3. Provide specialized training to an additional 3% of law enforcement patrol staff in the first year and an additional 4% in the second year to increase the likelihood that a CIT trained officer will be available for all shifts. At least one Criminal Justice Professionals Training will be conducted.
4. CIT Coordinator will work with the criminal justice system, county and private social services, mental health services, state and other systems to screen high risk/high utilizing individuals to assist in accessing appropriate support resources, maximizing diversion opportunities and monitoring the system for recidivism.

5. Promotion of public education and involvement by actively engaging community partners and implementing positive law enforcement programs in the community
6. Evaluate the ability of Deschutes County CIT to meet its goals and objectives, modify the program as needed and disseminate the results of the project.

Evaluation Findings:

First Quarter: (October-December 2013)

CIT Steering Committee formed, goals and objectives for grant created; job description for the CIT coordinator created and the hiring of a CIT Coordinator completed. (Due to hiring process timeline, an extension was granted for the hiring process.)

(Objective #1)

Second Quarter: (January-March 2014)

CIT Coordinator completed a two week Bend Police Department orientation course and training program.

First CIT Training held in February with 34 Officers trained. Officers represented Bend Pd, Deschutes Co. Sheriff Office, Redmond Police Department, Redmond Airport, Sageview Mental Health, Central Oregon Community College Public Safety, Oregon State Police, Probation and Parole, Warm Springs Police Department, Jefferson County Sheriff's Office, Crook County Sheriff's Office, Black Butte Police Department and the Deschutes County District Attorney's Office. (Objective #3)

CIT Coordinator attended Motivational Interviewing Training (Objective#3)

CIT Coordinator assumed the Chairperson role at the monthly CIT Steering Committee Meetings.

Third Quarter: (April-June 2014)

CIT Coordinator attended 40 hour training for CIT "Train the Trainer" in Charlottesville.

CIT Coordinator attended training class on Stress First Aid. (April)

CIT Coordinator attended community meeting with Adult Probation and Parole, DCSO, Bend Police and Redmond Police Department regarding future CIT trainings. (Objective#4)

SAD/MAD/BAD training held for Probation and Parole. (May) (Objective #3)

Bethlehem Inn trained in Escalation Skills Program. (Objective #4)

Curriculum Developed for Advanced CIT Training (Objective #6)

First newsletter distributed.

CIT coordinator met obligation for 25% of their time spent in the field.

Fourth Quarter: (July-September 2014)

CIT Coordinator created and implemented data collection system. Bend Police Officers trained on this system and local resources available. Disposition of AMI calls recorded on form and pull off tab for data collection received. (Objective #2)

CIT Coordinator attended Trauma Informed Care Training. (Objective #3)

CIT Coordinator visited area homeless shelters to provide resources information and availability of contact person for information regarding AMI individuals. (Objective#4)

CIT Coordinator contacted OSU/Cascades for possible placement of Student Intern in CIT Program. (Unsuccessful due to University requirements for placement of interns)
CIT Coordinator reviewed CIT training feedback to improve future trainings.(Objective#3)
CIT Coordinator met requirement for 25% of time spent in the field.

Fifth Quarter: October-December 2014

Annual Progress Report Completed
Second CIT Training held. 19 Officers trained from Bend Police, Redmond PD, Sunriver PD, Klamath Falls Pd, Prineville Pd, Bend Fire Department, Deschutes Co. District Attorney's Office, St. Charles Hospital Security, Central Oregon Community College Public Safety, Harney Co. Sheriff's Office, NAMI and Deschutes County Behavioral Health. (Objective#3)
CIT Coordinator attended National CIT Conference.
A CIT Introduction Course was added to CIT Curriculum. (Objective#3)
CIT Newsletter was distributed.
CIT Coordinator spending 25% of time in the field.

Sixth Quarter: January-March 2015

Quarterly report prepared for CIT Steering Committee.
Redmond Police and Sunriver Police Departments were trained in data collection methods and began submitting data on AMI dispatched calls. (Objective#4)
Third CIT Training held with 22 officers trained from Bend, Warm Springs, Jefferson County, Prineville, Black Butte, Corvallis PD, Central Oregon Community College, St. Charles Hospital and District Attorney John Hummel. (Objective #3)
Received media coverage of CIT Training for news agencies.
Information received from data collection sheets were entered into computer database known as AMI Contact Directory. Directory is password protected and available for Bend Police.
Directory allows information regarding police officer holds on subjects and dispositions of previous contacts. Also allows officers information to possible family resources for contacted subject. Currently 1200 names entered into directory. (Objective#4)
CIT coordinator spending 25% of time in the field.

Seventh Quarter: April-June 2015

CIT Coordinator increased data collection system for AMI individual contacts to Prineville PD and Black Butte Police. (Objective #4)
CIT Coordinator conducted De-escalation Training with Probation and Parole Department.(Objective#5)
CIT Coordinator spent 25% of time in the field.
Data collection report presented to CIT Steering Committee. (Objective #6)
Newsletter published

Eighth Quarter: July-September 2015

CIT Coordinator conducted De-escalation training to Bethlehem Inn, Probation and Parole, Mosaic Medical and First Presbyterian Church. (Objective#5)
CIT Coordinator participated in Mental Health Community Panel. (Objective#4)
Newsletter published.

CIT Coordinator spending 25% of time in the field.

Ninth Quarter: October-December 2015

CIT Coordinator attended Verbal Judo training.

Fourth CIT Training conducted with 19 attending including Bend Pd, NAMI, District Attorney's Office, Redmond Pd, Beaverton Pd, Gladstone Pd, Deer Ridge Institution, Eugene PD Dispatch, Sunriver Pd, Prineville Pd, Black Butte Pd and Deschutes Co. Sheriff's Office. (Objective #3)

The Bend Police CIT Community Response Team was selected and activated.

The CIT Coordinator spending 25% time in the field.

Tenth Quarter: Jan-continuing 2016

CIT Coordinator conducted De-escalation Training with Hospice and the medical office of Dr. Weeks. (Objective #5)

Fifth CIT Training conducted with 27 attending from Bend PD, Gresham Pd, Beaverton Pd, Prineville Pd, Junction City Pd, Bend Fire EMT, Deschutes Co Sheriff's Office, Central Oregon Community College, Redmond PD, St. Charles Hospital and DPSST. (Objective#3)
Summary of CIT Program presented to CIT Steering Committee.

Program Highlights:

The goal of training 30% of regional police officers was met and exceeded.

Deschutes County Sheriff's – 30% trained in CIT.

Bend Police Department- 90% trained in CIT.

Redmond Police Department- 50% trained in CIT.

Sunriver Police Department- 50% trained in CIT.

Black Butte Police Department- 50% trained in CIT.

Crook County- 43% trained in CIT.

The training of officers has resulted in a documented decrease in the use of force incidents regarding AMI dispatched or officer initiated contacts. Redmond Pd documented a 55% decrease in physical control, 60% decrease in taser deployments and 35% decrease in firearm display. Bend Pd reported a 34% drop in overall use of force.

Both Redmond and Bend Police Departments are able to have CIT trained officers available 24/7.

The use of POH's has dropped. The CIT curriculum included resources for diversion from jail and hospitals when dealing with possible ami's. There has been an increase in the use of walk-in clinics vs. hospital er's since the training of police officers in these community resources. The focus has shifted from enforcement to therapeutic. This has caused less time spent by patrol officers with future contacts.

The program has allowed the Building of Boundary Spanners; Law enforcement has been able to "bridge" with mental health agencies such as St. Charles Mental Health and Deschutes Co. Behavioral Health for treatment options in the best interest of the AMI and family. An expanded list of resources has reduced repeated contact with subjects and the police departments.

The City of Bend Crisis Response Team is in place and taking calls. This team has the capacity to reduce the number of AMI repeat calls, assist individuals and their families with local resources and forge relationships with the individuals that need those resources. It is anticipated that patrol officers will be free to answer other priority calls and effectively manage time spent on AMI calls which will in fact provide a more efficient, cost effective response from the patrol officers.

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