

Over-consuming alcohol can have unintended consequences.

Drinks	Weight in Pounds					
	100	120	140	160	180	200
1 🕎	.04	.03	.03	.02	.02	.02
2	.08	.06	.05	.05	.04	.04
3	.11	.09	.08	.07	.06	.06
4	.15	.12	.11	.09	.08	.08
5	.19	.16	.13	.12	.10	.09
6	.23	.19	.16	.14	.13	.11



1 oz. of liquor 12 oz. of beer 4 oz. of wine

ood, fatique, medications and other conditions may cause your blood alcohol to be different

Know your limits. Know the laws.